

FROSTY FRESH GRAPE POPS

Jesus is our vine, and we are to be his fruitful branches. Have “bunches” of fun making this refreshing grape snack.

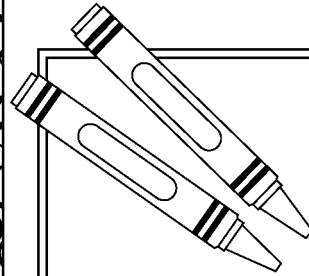
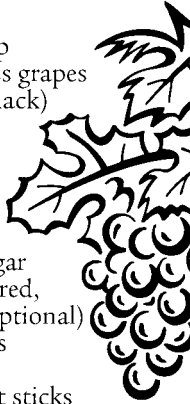
What you need:

- An adult to help
- 4½ cups seedless grapes (red, green or black)
- Food processor
- Plastic spatula
- Strainer
- Mixing bowl
- Whisk
- 2 teaspoons sugar
- Food coloring (red, green or blue; optional)
- 5 oz. paper cups
- Aluminum foil
- Popsicle or craft sticks
- Another 2 cups grapes, halved (optional)

What you do:

1. Blend grapes in a food processor until smooth.
2. With a plastic spatula, press mixture through a strainer into a mixing bowl. Discard skins and skim foam off the top.
3. Whisk sugar into juice until dissolved. Add a few drops of food coloring, if desired.
4. Fill cups with juice, spooning most of the foam off the top. (If using additional grapes, put ¼-cup halved grapes into each cup.)
5. Cover each cup with foil and insert a wooden stick into the center of the foil.
6. Place cups in freezer.
7. To remove pops, take off foil and tear away cup. Enjoy!

Variation: To make layered juice pops, make two batches of mix from different-colored grapes. Fill cups half full with one color, cover and then insert the stick and freeze. Then fill with the remaining color and freeze again.



Just for **KIDS**

The true vine

In a vineyard, the vine gives life to the branches, which, in turn, produce the grapes. Follow the puzzle directions below to learn about our special relationship with Jesus, our true vine.

Directions: Circle every other letter and then write them in order on the lines below.

START ▶ ① b a s m L t r h g e c v d i e n f e g y h o i u j a K r

a v f F l i s s e u h t c T n s a R r q b p e o h n t M e L

w m x a y n Z r a e A m b a C i d n e s F i f n m m n e o a

e c b a l l r i q w f e o h b m m i l h k n j i j l i d Q n p

d a e r f m g u h c C h d f D r E u e i j t

“ ↓ _____ ; _____

_____ .

_____ , _____ ;

_____ ;

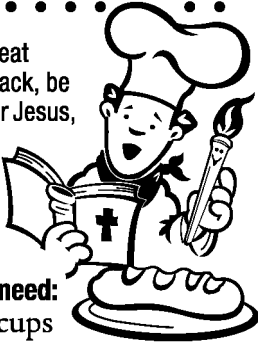
apart from me you can do nothing.”

J o h n 1 5 : 5 , N I V

Answer: “I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit.”

BREAD painting

When you eat this fun snack, be thankful for Jesus, who is our Bread of Life.

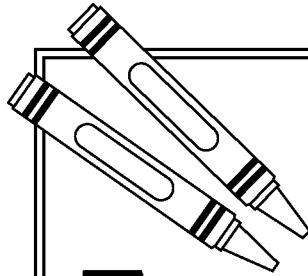


What you need:

- Small cups
- Milk
- Food coloring
- Clean artist brush
- Slice of bread
- Toaster or toaster oven
- Butter (optional)

What you do:

1. Decide how many colors you want to use, and set aside one cup for each color.
2. Pour about 1/4 cup of milk into each cup.
3. Add drops of food coloring until you get a bright color.
4. Using a brush, paint a picture or write words (such as a Bible verse) on the slice of bread. Make sure not to get the bread too soaked.
5. When you're finished painting, toast your bread. You can top it with a bit of butter. Enjoy!



Just for **KIDS**

THE BREAD OF LIFE

Jesus knew that people would starve without physical bread to eat and water to drink. But he also knew they would die spiritually if they weren't fed by him.

Find and circle all the words horizontally. Then, starting on the top line and moving across from left to right, read John 6:35 (NIV) and write the Bible verse on the dashes.

JOHN 6:35

WORD LIST

am and be believes
bread comes I in
he hungry go He
life me me never
to never the of will
who will thirsty who

t e l r s u v w a m x y z a b t h e i
j k l m b r e a d n p o f q r l i f e
d H e e f g h i w h o j k l m n p q r
b c d f c o m e s g h i j t o k l m e
n w i l l o p q r s t u n e v e r v w
z y z b c a g o b c d e f g h i j k l
m h u n g r y n a n d o p q r s t u v
w x y z a b c d e f g h i j h e k l m
w h o n o b e l i e v e s p q r s t u
v w x y z i n a b c d e f g h i j k l
m n o p q r s t m e u v w x y z a b c
d e f w i l l g h i j k l m n o p q r
s t u v w x y n e v e r z a b c d b e
f g h i j k l m n o p q t h i r s t y

“ _____ ”

 _____ , _____

 _____ ”

Answer: "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty." John 6:35, NIV